

B . E . B . A

(Building and Enhancing Bonding and Attachment)

A Center for Family Healing

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Annual Report for 2007

BEBA's major project over the past year, as in years past, has been the BEBA Family Clinics, where facilitators see families about once a week in sessions of approximately one hour. Families come for as long as it takes to resolve issues and traumatic imprinting and until they have effective parenting skills so that they can continue on their own with occasional support. Several families who brought their children in as babies have returned as the need arose for anywhere from one to a dozen sessions.

Family Sessions at the BEBA Clinics

During 2007 the BEBA Clinics provided 175 family sessions at the clinics or the families' homes and 48 phone sessions. Those served included 24 children, 23 mothers, and 14 fathers, for a total of 61 family members across 20 families.

Between January 1993, when BEBA started and Dec 31, 2007, BEBA has served 138 families: 211 children and their parents.

Clinical Staff

The BEBA internship program continues to expand. The roles of the internship program for the Family Clinics are:

1. Facilitator who works with and trains assistants.
2. Facilitator
3. Co-facilitator
4. Assistant facilitator
5. Videographer

The clinical staff included 8 people: 1 Clinical Director, 3 Facilitators, one assistant facilitator and 6 people who volunteered as videographers.

The facilitators were Tara Blasco, Ph.D., RCST®, Alison Green-Barton, RCST®, and Jean Weitensteiner, R.O.T., RCST®. The assistant facilitator were Rita Rosengren, R.N., RCST®. The videographers were Rita Rosengren, R.N., RCST®, Ciena Rose William, Maritza Luz Vega, C.M.T., RCST®, Kenyon Taylor, C.M.T., RCST®, Lizabeth LeVine, Jody Donnolly, and Angelica Singh.

Raymond Castellino, D.C., RCST®, the Clinical Director, who provided supervision,

continued to donate his time. The only paid clinical staff members were Jean and Alison; Tara and Ray both donated their time. All the videographers volunteered their time, 139 hours in 2007.

Two observers participated in clinical training, paying BEBA \$20 a session for this educational experience.

Demographics of Families in the Family Clinic

BEBA operated on a sliding scale based on income with a per hour charge varying from \$22.50 to \$150 in January, then \$30 to \$100 starting mid-February. Most in-person sessions were around one hour and an hour and 15 minutes, averaging 75 minutes. Phone support sessions were often shorter, averaging 44 minutes.

The average charge for clinic sessions this year was \$67 (\$54/hour). The average charge for a support phone call was \$41 (\$56/hour).

Community Outreach

Community and professional outreach continued. Dr. Raymond Castellino, D.C., RCST®, the Clinical Director, and other facilitators have given talks about the BEBA work to parents and professionals in the Santa Barbara community at international conferences.

- Dr. Castellino and Mary Jackson, C.N.M., midwife and former BEBA co-facilitator, offered an experiential workshop and presented their work on newborn self-attachment at the APPPAH conference in Los Angeles in February.
- Jean Weitensteiner, R.O.T., RCST®, BEBA facilitator, presented several workshops for professionals in Santa Barbara and other parts of California on working with children.
- Dr. Castellino, Jean Weitensteiner and Mary Jackson taught students at Santa Barbara Graduate Institute's Pre and Perinatal and Somatic Psychology programs using BEBA insights and videoclips.
- Alison Green-Barton, RCST®, BEBA facilitator, presented the BEBA work at conferences in the US and abroad.

Education / Research / Videotape Archiving

A major part of BEBA is providing clinical experience for professionals. Observers, who are all health care professionals trained by Dr. Castellino, come from all over the U.S., Canada, and Europe to see BEBA sessions, then return home to serve families in their areas.

BEBA's videotapes are used by all the facilitators, to develop educational presentations for local parents and professionals. A Sony mini-DV camcorder is used to record all family sessions. Videotape review by facilitators assists in further development and refinement of therapeutic approaches.

The Santa Barbara Facility

BEBA continued to meet at the Castellino home for a nominal rent parts of 3 days a week for session, plus evening staff meetings. The BEBA session room is filled with gym mats, comfortable seating, toys, balls, tunnels, pillows, etc.

In addition, BEBA has its own office room where facilitators met with videographers, assistants and observers before and after sessions, and write and review chart notes. Tapes of sessions are reviewed, stored, and copied there, and observers watch via closed circuit television there. There is also a separate waiting room/reception area.

The Ojai Facility

Since September 2004, BEBA has operated a second clinic in Ojai at the home of BEBA facilitator and board member Tara Blasco. Both Tara and Alison offer sessions there. This branch of BEBA is funded entirely by Tara herself at no cost to the BEBA organization. It consists of a playroom complete with gym mats, a tunnel, toys, pillows, etc and a room for debriefing, writing chart notes, and storing tapes and equipment. Of the 20 families seen in 2007, five of them attended the new Ojai clinic, for a total of 30 sessions at the clinic plus 3 phone support sessions.

BEBA’s Development Needs

In 2007 the clinics served up to 2-6 families a week with profound life changing effects for the families involved. The staff members who work at BEBA under Dr. Castellino’s supervision are capable of serving more families. More funding is needed to be able to allow them to provide services, especially to lower-income families.

Fundraising Events.

An anonymous donor offered a matching grant of \$15,000 in November of 2007. Unlike previous years, we did not receive enough donations to match the entire \$15,000, but we still received over \$10,000 in donations which were matched by the grant. Some of this is reflected in BEBA’s 2007 income and some in BEBA’s 2008 income.

Family Demographics in Detail

The following is a breakdown of families seen in 2007 by annual income:

Annual Income	Number of Families	Sessions for Families in this Income Bracket
< 10,000	0	0 (0 hrs total)
10-20,000	8	100 (119 hrs total)
20-30,000	0	0 (0 hrs total)
30-40,000	1	22 (24 hrs total)
40-50,000	1	9 (11 hrs total)
50-60,000	1	13 (15 hrs total)
60-70,000	2	10 (10 hrs total)
70-100,000	3	14 (17 hrs total)
≥ 100,000	4	55 (59 hrs total)
<i>Total</i>	<i>20</i>	<i>223 (13700 minutes total)</i>