

BEBA

(Building and Enhancing Bonding and Attachment)
A Center for Family Healing

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Annual Report for 2009

BEBA's major project over the past year, as in years past, has been the BEBA Family Clinics, where facilitators see families about once a week in sessions of approximately one hour. Families come for as long as it takes to resolve issues and traumatic imprinting and until they have effective parenting skills so that they can continue on their own with occasional support. Several families who brought their children in as babies have returned as the need arose for anywhere from one to a dozen sessions.

Family Sessions at the BEBA Clinics

During 2009 the BEBA Clinics provided 174 family sessions at the clinics or the families' homes and 26 phone sessions. Those served included 23 children, 13 mothers, and 8 fathers, for a total of 44 family members across 14 families.

Between January 1993, when BEBA started and Dec 31, 2009, BEBA has served 144 families: 224 children and their parents.

Clinical Staff

The BEBA internship program continues to expand. The roles of the internship program for the Family Clinics are:

1. Facilitator who works with and trains assistants.
2. Facilitator
3. Co-facilitator
4. Assistant facilitator
5. Videographer

The clinical staff included 6 people: 1 Clinical Director, 3 Facilitators, 1 assistant who facilitated some sessions, and 1 person who volunteered as a videographer.

The primary facilitators were Tara Blasco, Ph.D., RCST® and Jean Weitensteiner, R.O.T., RCST®. Alison Green-Barton, RCST® offered phone support to previous clients, Kenyon Taylor, CMT, RCST® worked primarily as an assistant to Tara and facilitated several sessions on her own, The videographer for some of these sessions was Bronwyn Chambers, B.F.A, M.A.

Raymond Castellino, D.C., RCST®, the Clinical Director, who provided supervision, continued to donate his time. The only paid clinical staff members were Jean, Kenyon and Alison; Tara and Ray both donated their time. The videographer volunteered her time.

Three observers participated in clinical training, paying BEBA \$20 a session for this educational experience.

Community Outreach

Community and professional outreach continued. Dr. Raymond Castellino, D.C., RCST®, the Clinical Director, and other facilitators have given talks about the BEBA work to parents and professionals in the Santa Barbara community at international conferences.

- Jean Weitensteiner, R.O.T., RCST®, BEBA facilitator, presented several workshops for professionals in Santa Barbara and other locations on working with children.
- Alison Green-Barton, RCST®, BEBA facilitator, presented the BEBA work at conferences in the US and abroad and facilitated process workshops for adults in the US using BEBA principles.
- Tara Blasco, Ph.D., RCST® presented her work in her home country of Spain and facilitated process workshops there for adults using BEBA principles.

Education / Research / Videotape Archiving

A major part of BEBA is providing clinical experience for professionals. Observers, who are all health care professionals trained by Dr. Castellino, come from all over the U.S., Canada, and Europe to see BEBA sessions, then return home to serve families in their areas.

BEBA's videotapes are used by all the facilitators, to develop educational presentations for local parents and professionals. A mini-DV camcorder is used to record all family sessions. Videotape review by facilitators assists in further development and refinement of therapeutic approaches.

The Santa Barbara Facility

BEBA continued to meet at the Castellino home for a nominal rent parts of 2 days a week for sessions, plus evening staff meetings. The BEBA session room is filled with gym mats, comfortable seating, toys, balls, tunnels, pillows, etc.

In addition, BEBA has an office room where facilitators met with videographers, assistants and observers before and after sessions, and write and review chart notes. Tapes of sessions are reviewed, stored, and copied there. Observers watch via closed circuit television in another room adjacent to the session room. There is also a separate waiting room/reception area.

The Ojai Facility

Since September 2004, BEBA has operated a second clinic in Ojai at the home of BEBA facilitator and board member Tara Blasco. Both Tara and Alison offered sessions there. This branch of BEBA is funded entirely by Tara herself at no cost to the BEBA organization. It consists of a playroom complete with gym mats, a tunnel, toys, pillows, etc and a room for debriefing, writing chart notes, and storing tapes and equipment. Of

the 14 families seen in 2009, four of them attended the new Ojai clinic, for a total of 42 sessions at the clinic plus 4 phone support sessions.

BEBA's Development Needs

In 2009 the clinics served 2-6 families a week with profound life changing effects for the families involved. The staff members who work at BEBA under Dr. Castellino's supervision are capable of serving more families. More funding is needed to be able to allow them to provide services, especially to lower-income families.

Fundraising Events.

An anonymous donor offered a matching grant for donations from October through February. \$6,052 of donations was matched by \$6,052 from this grant. Some of this is reflected in BEBA's 2009 income and some in BEBA's 2010 income.

Demographics of Families in the Family Clinic

BEBA operated on a sliding scale based on income with a per hour charge varying from \$7.50 to \$100/hour.

	Average Length	Average Charge per session	Average Charge per hour
In-Person Sessions	71 mins	\$62.00	\$52.00
Phone Sessions	50 mins	\$46.00	\$55.00

The following is a breakdown of families seen in 2009 by annual income:

Annual Income	Number of Families	Sessions for Families in this Income Bracket
< 10,000	1	20 (24 hrs total)
10-20,000	2	4 (4 hrs total)
20-30,000	2	54 (60 hrs total)
30-40,000	1	7 (8 hrs total)
40-50,000	2	21 (20 hrs total)
50-60,000	1	8 (10 hrs total)
60-70,000	0	0 (0 hrs total)
70-100,000	2	16 (19 hrs total)
≥ 100,000	3	44 (52 hrs total)
<i>Total</i>	<i>14</i>	<i>174 (197 hours total)</i>