

BEBA

(Building and Enhancing Bonding and Attachment) A Center for Family Healing

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Annual Report for 2010

BEBA's major project over the past year, as in years past, has been the BEBA Family Clinic, where facilitators see families about once a week in sessions lasting approximately one hour. Families come for as long as it takes to resolve issues and traumatic imprinting and until they have effective parenting skills so that they can continue on their own with occasional support. Several families who brought their children in as babies have returned as the need arose for anywhere from one to ongoing regular sessions.

Family Sessions at the BEBA Clinics

During 2010 BEBA facilitators worked with **51 family members across 16 families**. 7 of these families started in 2010; 9 started before 2010:

- 23 children,
- 15 mothers,
- 1 grandmother raising her grandchild,
- 12 fathers.

The Ojai BEBA Clinic provided 42 family sessions and 7 phone sessions.

The Santa Barbara BEBA Clinic provided 155 family sessions and 17 phone sessions.

One Santa Barbara family was provided 4 consultations with the child's teacher & counselor and 2 letters for court proceedings & court appearance.

Between January 1993, when BEBA started and Dec 31, 2010, BEBA has served a total of 151 families.

Clinical Staff

The BEBA internship program continues to expand. The roles of the internship program for the Family Clinics are:

1. Facilitator who works with and trains assistant(s)

2. Facilitator who works with their own families
3. Co-facilitator [works with another facilitator or solo but hasn't started her own families]
4. Assistant facilitator [Assists another facilitator]
5. Videographer

The experience and training of all staff is extensive. All assistants have completed Raymond Castellino's 2+ year Foundation Training (see www.castellinotraining.com/foundation/) and are certified craniosacral therapists (see www.craniosacraltherapy.org/). All co-facilitators and facilitators have either assisted or are assisting another 2+ year Foundation Training. In addition, those who have become assistant facilitators have videotaped prior to that 100-300 family sessions.

The clinical staff included 9 people: 1 Clinical Director, 3 Facilitators, 1 who transitioned from Assistant Facilitator to Co-facilitator and 4 who volunteered as videographers.

In the Santa Barbara Clinic, Tara Blasco, Ph.D., RCST® and Jean Weitensteiner, R.O.T., RCST® facilitated sessions. Kenyon Taylor, CMT, RCST® worked as an Assistant Facilitator, then a Co-facilitator with Tara Blasco and facilitated many sessions on her own. Tara Blasco also facilitated families at the Ojai Clinic. Nancy Greenfield, Ph.D., RCST®, returned in November to facilitate at the Ojai Clinic.

The videographers were Kellee Clougherty, M.D., Tosh Montee, M.T., Jessica Fontaine, C.M.T., and Elizabeth Bachner, C.D., L.Ac., L.M.

Raymond Castellino, D.C., RCST®, the Clinical Director, who provided supervision, continued to donate his time, as did Tara Blasco, Ph.D, BEBA's primary facilitator in 2010. The only paid clinical staff members were Jean, Nancy and Kenyon. All the videographers volunteered their time, 93 sessions in 2010.

Three observers participated in clinical training, paying BEBA \$20 a session for this educational experience, 5 sessions total.

Community Outreach

Community and professional outreach continued. Dr. Raymond Castellino, D.C., RCST®, the Clinical Director, and other facilitators have given talks about the BEBA work to parents and professionals in the Santa Barbara community at international conferences.

- Dr. Castellino offered an experiential workshop in the UK based on the BEBA work to health care professionals. He also traveled to Taiwan to offer process workshops, an evening for parents and was welcomed at a local hospital where he shared insights from his work with newborns.
- Jean Weitensteiner, R.O.T., RCST®, BEBA facilitator, presented several workshops for professionals in Santa Barbara and other locations on working with children.
- Dr. Castellino and Mary Jackson, C.N.M., midwife and former BEBA co-facilitator, began teaching the tenth Castellino Foundation Training, a 2+ year training in the BEBA work that all facilitators have taken.

- Alison Green-Barton, RCST®, former BEBA facilitator, presented the BEBA work at conferences in the US and abroad and facilitated process workshops for adults in the US using BEBA principles.
- Tara Blasco, Ph.D., RCST®, BEBA facilitator and BOD member, presented her work in her home country of Spain where she co-facilitated a workshop with Dr Castellino. Tara also facilitated several process workshops in Spain for adults using BEBA principles.

Education / Research / Videotape Archiving

A major part of BEBA is providing clinical experience for professionals. Observers, who are all health care professionals trained by Dr. Castellino, come from all over the U.S., Canada, and Europe to see BEBA sessions, then return home to serve families in their areas.

BEBA's videotapes are used by all the facilitators, to develop educational presentations for local parents and professionals. A mini-DV camcorder is used to record all family sessions. Videotape review by facilitators assists in further development and refinement of therapeutic approaches.

The Santa Barbara Facility

BEBA continued to meet at the Castellino home for a nominal rent one day a week for sessions, plus evening staff meetings. The BEBA session room is filled with gym mats, comfortable seating, toys, balls, tunnels, pillows, etc.

In addition, BEBA has an office room where facilitators met with videographers, assistants and observers before and after sessions, and write and review chart notes. There is also a separate waiting room/reception area. All of BEBA's 18 years of videotapes and administrative / bookkeeping / tax records are stored here.

The Ojai Facility

Since September 2004, BEBA has operated a second clinic in Ojai at the home of BEBA facilitator and board member Tara Blasco. Both Tara and Nancy Greenfield offered sessions there. The rent for this branch of BEBA is provided free of charge by Tara. It consists of a playroom complete with gym mats, a tunnel, toys, pillows.

BEBA's Development Needs

In 2010 the clinics served 2-7 families a week with profound life changing effects for the families involved. The staff members who work at BEBA under Dr. Castellino's supervision are capable of serving more families. More funding is needed to be able to allow them to provide services, especially to lower-income families.

Fundraising Events.

An anonymous donor offered a matching grant of \$10,000 for donations from November, 2010 through January, 2011. \$7625 in donations came in during that time and were matched by this grant. Some of this is reflected in BEBA's 2010 income and some in BEBA's 2011 income.

Demographics of Families in the Family Clinic

BEBA operated on a sliding scale based on income with a per hour charge varying from \$7.50 to \$100/hour, with one family paying \$3/hr for letters & consultations.

	Average Length	Average Charge per session	Average Charge Per hour
In-Person Sessions	76 mins	\$45.00	\$36.00
Phone Sessions	49 mins	\$32.00	\$40.00
Letters & Consults	90 mins	\$4.50	\$3.00

The following is a breakdown of families seen in 2010 by annual income:

50% the sessions/consults were with families paying \$3 - \$20/hr with incomes under \$20,000/year

75% of the sessions were with the 7 families paying \$45/hr or less with incomes \$45,000 / year or below.

25% of the sessions were with the 9 families (just over half of the 16 families) who paid between \$60 and \$100 / hour.

Annual Income	Number of Families	Sessions for Families in this Income Bracket
10-20,000	3	110 (135 hrs total)
20-30,000	2	23 (29 hrs total)
30-40,000	1	24 (27 hrs total)
40-50,000	1	14 (16 hrs total)
50-60,000	2	14 (18 hrs total)
60-70,000	1	8 (29 hrs total)
70-80,000	1	13 (17 hrs total)
80-90,000	1	1 (1.5 hrs total)
≥ 100,000	4	22 (27 hrs total)
<i>Total</i>	<i>16</i>	<i>227 (276 hours total)</i>