

BEBA

(Building and Enhancing Bonding and Attachment) A Center for Family Healing

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Annual Report for 2011

BEBA's major project over the past year, as in years past, has been the BEBA Family Clinic, where facilitators see families about once a week in sessions lasting approximately one hour. Families come for as long as it takes to resolve issues and traumatic imprinting and until they have effective parenting skills so that they can continue on their own with occasional support. Several families who brought their children in as babies have returned as the need arose for anywhere from one to ongoing regular sessions.

Family Sessions at the BEBA Clinics

During 2011 BEBA facilitators worked with **64 family members across 21 families**. 8 of these families started in 2011; 13 started before 2011:

- 29 children,
- 21 mothers,
- 14 fathers.

The Ojai BEBA Clinic provided 132 family sessions and 44 phone sessions.

The Santa Barbara BEBA Clinic provided 143 family sessions and 30 phone sessions.

Between January 1993, when BEBA started and Dec 31, 2011, BEBA has served a total of 159 families.

Clinical Staff

The BEBA internship program continues to expand. The roles of the internship program for the Family Clinics are:

1. Facilitator who works with and trains assistant(s)
2. Facilitator who works with their own families
3. Co-facilitator [works with another facilitator or solo but hasn't started her own families]
4. Assistant facilitator [Assists another facilitator]
5. Videographer

The experience and training of all staff is extensive. All assistants have completed Raymond Castellino's 2+ year Foundation Training (see www.castellinotraining.com/foundation/) and are certified craniosacral therapists (see www.craniosacraltherapy.org/). All co-facilitators and facilitators have either assisted or are assisting another 2+ year Foundation Training. In addition, those who have become assistant facilitators have videotaped prior to that 100-300 family sessions.

The clinical staff included 10 people: 1 Clinical Director, 4 Facilitators, and 5 who volunteered as videographers.

In the Santa Barbara Clinic, Tara Blasco, Ph.D., RCST® and Kenyon Taylor, CMT, RCST® facilitated sessions once day a week and Jean Weitensteiner, R.O.T., RCST® facilitated a few sessions and provided support for a family through an adoption process and court case. Tara Blasco, Ph.D. RCST and Nancy Greenfield, Ph.D., RCST facilitated families at the Ojai Clinic.

The main videographer was Jessica Fontaine, C.M.T., with additional support from Kellee Clougherty, M.D., Elizabeth Bachner, C.D., L.Ac., L.M., Bronwyn Chambers, B.F.A, M.A., and Frank Carbone.

Raymond Castellino, D.C., RCST®, the Clinical Director, who provided supervision, continued to donate his time, as did Tara Blasco, Ph.D. The only paid clinical staff members were Jean, Nancy and Kenyon. All the videographers volunteered their time, 187 sessions in 2011.

Three observers participated in clinical training, paying BEBA \$20 a session for this educational experience, 5 sessions total.

Community Outreach

Community and professional outreach continued. Dr. Raymond Castellino, D.C., RCST®, the Clinical Director, and other facilitators have given talks about the BEBA work to parents and professionals in the Santa Barbara community at international conferences.

- Dr. Castellino presented the BEBA work at three professional conferences in 2011:
 - March: Polarity Therapy Annual Conference in Ann Arbor, Michigan, he taught a 4-day workshop.
 - May Breath of Life (cranio-sacral) Conference in London, he gave a 1.5 hour presentation about the work to 400 people.
 - June, Cranio-sacral/Osteopathic Conference organized for him in Italy where Rhe taught a 5-day workshop.
- Dr Castellino offered womb surround process workshops through the US and in the UK and Spain – a small group format for adults that uses the BEBA principles.
- Dr. Castellino and Mary Jackson, RN, CNM, RCST and former BEBA co-facilitator, continued teaching the tenth Castellino Foundation Training, a 2+ year training in the BEBA work that all facilitators have taken.
- Tara Blasco, Ph.D., RCST®, BEBA co-director and BOD member, facilitated several womb surround process workshops in Spain for adults using BEBA principles.

- Jean Weitensteiner, R.O.T., RCST®, BEBA facilitator, presented several workshops for professionals in Santa Barbara and other locations on working with children.

Education / Research / Videotape Archiving

A major part of BEBA is providing clinical experience for professionals. Observers, who are all health care professionals trained by Dr. Castellino, come from all over the U.S., Canada, and Europe to see BEBA sessions, then return home to serve families in their areas.

BEBA's videotapes are used by all the facilitators, to develop educational presentations for local parents and professionals. A mini-DV camcorder is used to record all family sessions. Videotape review by facilitators assists in further development and refinement of therapeutic approaches.

The Santa Barbara Facility

BEBA continued to meet at the Castellino home for a nominal rent one day a week for sessions. The BEBA session room is filled with gym mats, comfortable seating, toys, balls, tunnels, pillows, etc.

In addition, BEBA has an office room where facilitators met with videographers, assistants and observers before and after sessions, and write and review chart notes. There is also a separate waiting room/reception area. All of BEBA's 18 years of videotapes and administrative / bookkeeping / tax records are stored here.

The Ojai Facility

Since September 2004, BEBA has operated a second clinic in Ojai at the home of BEBA facilitator and board member Tara Blasco. Both Tara and Nancy Greenfield offered sessions there and staff had their staff meetings there. The rent for this branch of BEBA is provided free of charge by Tara. It consists of a playroom complete with gym mats, a tunnel, toys, pillows.

BEBA's Development Needs

In 2011 the clinics served 2-7 families a week with profound life changing effects for the families involved. The staff members who work at BEBA under Dr. Castellino's supervision are serving more families than BEBA's current income provides for. Funding is needed to continue the level of service BEBA facilitators are providing and certainly more funding is needed to expand.

BEBA BOD welcomes new members with a new vision

Keri Haskell-Starbuck, MFT and Patricia Selbert joined the BEBA BOD this winter and Meg Butler resigned. The new BOD includes Patricia as President, Marla van Stein as Secretary, Keri as Treasurer and Tara Blasco, PhD and Raymond Castellino. They decided to move BEBA to a public Santa Barbara location with room to expand. This process is unfolding as of January with a possible site selected.

Fundraising Events

We raised nearly \$6,000 in donations in this winter's fundraising drive from December 2011 through January 2012. Thanks to generous matching grants from two anonymous benefactors, that amount has been doubled.

Demographics of Families in the Family Clinic

BEBA operated on a sliding scale based on income with a per hour charge varying from \$7.50 to \$100/hour, with one family paying \$3/hr for letters & consultations.

	Average Length	Average Charge per session	Average Charge Per hour
In-Person Sessions	79 mins	\$84.00	\$64.00
Phone Sessions	36 mins	\$37.00	\$61.00

The following is a breakdown of families seen in 2011 by annual income:

24% of the sessions were with families with annual incomes from \$10,000 to \$30,000.

43% of the sessions were with families with annual incomes from \$30,000 to \$50,000.

19% of the sessions were with families with annual incomes from \$50,000 to \$100,000.

19% of the sessions were with families with annual incomes over \$100,000.

Annual Income	Number of Families	Sessions for Families in this Income Bracket
10-20,000	3	44 (55 hrs total)
20-30,000	2	5 (5 hrs total)
30-40,000	5	55 (71 hrs total)
40-50,000	4	71 (80 hrs total)
50-60,000	1	5 (6 hrs total)
60-70,000	1	11 (12 hrs total)
70-100,000	1	7 (10 hrs total)
≥ 100,000	4	151 (177 hrs total)
<i>Total</i>	<i>21</i>	<i>349 (416 hours total)</i>