



2019 Annual Report

In 2019, BEBA continued supporting families in the Ojai and Santa Barbara family clinics, where facilitators saw families about once a week in sessions lasting approximately one hour. Families come for as long as they want to resolve issues and traumatic imprinting and to explore effective parenting skills so they can continue on their own with occasional support. Several families who brought their children in as babies have returned as the need arose for anywhere from one to ongoing regular sessions.

Family Sessions at the BEBA Clinics

BEBA Facilitators provided a total of 91 sessions in 2019 (53 sessions in 2018) averaging 60 minutes.

- The Ojai BEBA Clinic provided 72 family sessions. 13 of which were phone or Zoom sessions.
- The Santa Barbara BEBA Clinic provided 19 family sessions. 6 of which were phone or Zoom sessions.

The family clinic operated on a sliding scale based on income with a per hour charge varying from \$30/hour to \$140/hour. Clients were charged an average of \$62.35/ hour.

22 families came to BEBA in 2019 (20 in 2018): 68 individuals including 20 children and their parents. 11 of these families started in 2019; 11 started before 2018. Between January 1993, when BEBA started, and Dec 31, 2018, BEBA has served a total of 254 families.. This number is lower than listed in our 2019 Newsletter. We are sorry but it has recently been brought to our attention, due to a glitch in our database management system, that our family numbers had been miscalculated. This has now been corrected.

Demographics of Families in the Family Clinic

The following is a breakdown of families seen in 2019 by annual income:

- 3% of the sessions were with families with annual incomes up to \$30,000.
- 71% of the sessions were with families with annual incomes over \$30,000 to \$60,000.
- 6% of the sessions were with families with annual incomes over \$60,000 to \$90,000.
- 20% of the sessions were with families with annual incomes over \$100,000.

Annual Income	No. of Families	Sessions for Families in this income bracket
Up to \$30,000	5	2 (1 hrs total)
Over 30,000-60,000	7	66 (66 hrs total)
Over 60,000-90,000	5	6 (6 hrs total)
Over 100,000	5	19 (19 hrs total)
<i>Total</i>	<i>22</i>	<i>93 (93 hrs total)</i>

Community Outreach

BEBA began offering a 4 part class series in the fall of 2012 at the Santa Barbara Clinic. In 2019, BEBA took a break from offering our quarterly parenting class series. We still offer video downloads of our previous classes on our website.

Santa Barbara Clinic

This was BEBA's third year holding sessions at our new Santa Barbara BEBA clinic, housed in the home of longtime BEBA family and supporters, The Pruddens. This clinic was offered to BEBA rent free. Tara Blasco offered sessions at this clinic. The BEBA room is filled with toys, balls, tunnels, pillows, etc.

Ojai Clinic

Since September 2004, BEBA has operated a second clinic in Ojai at the home of BEBA Facilitator, Co-Director and Board Member, Tara Blasco. Tara and Frank Carbone offered sessions there and staff meetings were held there also. The rent for this branch of BEBA is provided free of charge. It consists of a playroom complete with gym mats, tunnels, toys, pillows etc.

Clinical Staff

The experience and training of all staff is extensive. All assistants have completed Raymond Castellino's 2+ year Foundation Training (see www.castellinotraining.com/foundation/) and are certified craniosacral therapists in training or fully trained (see www.craniosacraltherapy.org/). All co-facilitators and facilitators have either assisted or are assisting another 2+ year Foundation Training. In addition, those who have become assistant facilitators have videotaped prior to that 100-300 family sessions.

The clinical staff included 7 people: 2 Clinic Co-Directors, 2 Facilitators, 1 Bookkeeper & Administrative Assistant and 2 Volunteer Videographers.

Raymond Castellino, D.C., RCST, and Tara Blasco, Ph.D., RCST served as the volunteer Co-Directors who provided supervision on behalf of the Board of Directors. Tara Blasco and Frank Carbone continued being paid facilitators.

Tara Blasco, Ph.D., RCST offered sessions on Tuesdays in Santa Barbara and Mondays, Wednesdays, Thursdays and Fridays in Ojai. Frank Carbone also offered sessions at Ojai clinic.

Amy Joy Bakken, who holds two AA degrees in Accounting and Business Administration, continued to be BEBA's Bookkeeper and Administrator. She continued to contribute part time to BEBA in charge of bookkeeping, payroll, billing, marketing, record keeping and initial family intake, until September of this year and was subsequently replaced by India Leigh, who overtook all of Amy's roles and she is settling in well.

Cindy Barnum and Alisha Musicant were the videographers during the year.

The board of directors in 2019 included Mary Jackson as President, Vicki Diloia as secretary, Alexis Baxley as treasurer, Heidi DeBra , Moriah Whoolilurie, Raymond Castellino and Tara Blasco.

Fundraising & Financials

BEBA fundraised \$11,231 in 2019.

Revenue	Program Income	\$5799	Assets	Cash & Receivables	\$36,843
	Class Income	\$238		Renovations & Furnishings	\$0.00
	Rental Income	\$0.00		Other Assets	\$1035
	Workshop Income	\$0.00		Total Assets	\$37,878
	Donations	\$11,231			
	Other income	\$368			
	Total Revenue	\$17,636			
			Liabilities	Payroll Liabilities	\$403
Expense	Payroll	\$16,242		Security Deposit	\$0.00
	Research	\$2500		Total Liabilities	\$403
	Other Operating Costs	\$8112.86			
	Total Expense	\$26,855		Net Equity	\$37,476
	Net Income	(\$9,219)		Total Liabilities + Equity	\$37,879