



Annual Report for 2015

BEBA's major project over the past year, as in years past, has been the BEBA Family Clinic, where facilitators see families about once a week in sessions lasting approximately one hour. Families come for as long as it takes to resolve issues and traumatic imprinting and until they have effective parenting skills so they can continue on their own with occasional support. Several families who brought their children in as babies have returned as the need arose for anywhere from one to ongoing regular sessions. In 2015, in addition to BEBA's regular quarterly classes and sessions at the clinics, BEBA was excited to offer two workshops.

Family Sessions at the BEBA Clinics

BEBA Facilitators provided a total of 244 sessions (249 sessions in 2014) averaging 69 minutes.

- The Ojai BEBA Clinic provided 145 family sessions and 23 phone sessions.
- The Santa Barbara BEBA Clinic provided 44 family sessions and 30 phone sessions.

The family clinic operated on a sliding scale based on income with a per hour charge varying from \$30/hour to \$140/hour. Clients were charged an average of \$75/ hour.

27 families came to BEBA in 2015 (33 in 2014): 82 individuals including 25 children and their parents. 8 of these families started in 2015; 19 started before 2015. Between January 1993, when BEBA started, and Dec 31, 2015, BEBA has served a total of 214 families.

Demographics of Families in the Family Clinic

The following is a breakdown of families seen in 2015 by annual income:

- 7% of the sessions were with families with annual incomes up to \$30,000.
- 65% of the sessions were with families with annual incomes over \$30,000 to \$60,000.
- 14% of the sessions were with families with annual incomes over \$60,000 to \$90,000.
- 14% of the sessions were with families with annual incomes over \$100,000.

Annual Income	No. of Families	Sessions for Families in this income bracket
Up to \$30,000	3	17 (24 hrs total)
Over 30,000-60,000	15	161 (189 hrs total)
Over 60,000-90,000	4	33 (34.5 hrs total)
Over 100,000	5	33 (33.4 hrs total)

Total	27	244 (280.9 hrs total)
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Community Outreach

BEBA began offering 4 part class series in the fall of 2012 at the Santa Barbara Clinic. In 2015, BEBA offered our classes quarterly at the Ojai BEBA Clinic on a range of topics including setting boundaries with toddlers, conflict resolution in the family, and self-regulation. The classes were taught by Ray Castellino, Tara Blasco, Mary Jackson, Keri Starbuck and Kenyon Taylor. Classes had between 5 and 25 participants that paid \$5-\$20 per class.

One of BEBA's major projects this year was to increase community outreach by promoting the content of these classes through recordings and transcripts created by BEBA volunteers. Future plans are to turn transcribed recordings into topical booklets.

Workshops

Two workshops were offered this year. One was the first advanced training program for professionals who came to Ojai to learn how to create BEBA type programs in their own communities. The other was an Embodiment Workshop to introduce the principles of our work sponsored in collaboration with the Association for Prenatal and Perinatal Psychology and Health (APPPAH) and was an excellent way to present our approach to professionals in our community. Combined, these workshops were attended by 28 people.

Santa Barbara Clinic

This was BEBA's third year at the new facility located at 226 E. Canon Perdido, Ste K in the heart of downtown Santa Barbara. Tara Blasco and Kenyon Taylor offered sessions at this clinic. The BEBA room is filled with gym mats, comfortable seating for up to 20 people, toys, balls, tunnels, pillows, etc. The suite includes a second room that is rented per day on a month to month basis to other professionals. The BEBA session room is also available to rent during BEBA's off hours.

Ojai Clinic

Since September 2004, BEBA has operated a second clinic in Ojai at the home of BEBA Facilitator, Co-Director and board member, Tara Blasco. Tara and Kenyon offered sessions there and staff meetings were held there. The rent for this branch of BEBA is provided free of charge. It consists of a playroom complete with gym mats, tunnels, toys, pillows etc. Towards the end of the year, Kenyon moved to Arizona, putting in person facilitating for BEBA on hold. She does however still facilitate with limited families via Skype from out of state. She is missed!

Clinical Staff

The experience and training of all staff is extensive. All assistants have completed Raymond Castellino's 2+ year Foundation Training (see www.castellinotraining.com/foundation/) and are certified craniosacral therapists in training or fully trained (see www.craniosacraltherapy.org/). All co-facilitators and facilitators have either assisted or are assisting another 2+ year Foundation Training. In addition, those who have become assistant facilitators have videotaped prior to that 100-300 family sessions.

The clinical staff included 9 people: 2 Clinic Co-Directors, 2 Facilitators, 1 Bookkeeper & Administrative Assistant and 2 Volunteer Videographers. (not correct)

The clinical staff included 8 people: 2 Clinic Co-Directors, 2 Facilitators, 1 Bookkeeper & Administrative Assistant, 2 Volunteer assistants and 1 Videographer.

Raymond Castellino, D.C., RCST®, and Tara Blasco, Ph.D., RCST® served as the volunteer Co-Directors who provided supervision on behalf of the Board of Directors. Tara Blasco donated her time as a facilitator as well. The paid facilitator was Kenyon Taylor, CMT, RCST®.

Tara Blasco, Ph.D., RCST® offered sessions on Tuesdays and Kenyon Taylor, CMT, RCST® on Wednesdays at the Santa Barbara Clinic. Tara Blasco, Ph.D. RCST and Kenyon Taylor, CMT, RCST® facilitated families at the Ojai Clinic throughout the week.

Amy Joy Bakken continues to be BEBA's Bookkeeper and Administrator in charge of bookkeeping, payroll, billing, marketing, record keeping and initial family intake.

Frank Carbone and Eddie Rocket volunteered as assistants during the year.(eliminate and add the following:

Frank Carbone and Eddie Rocket volunteered as videographers in training and assistants during the year. Since September we have a new addition to the team as videographer, Mimi Nelson Oliver. Thanks all volunteers for your help!

The board of directors in 2015 included Mary Jackson as President, Cheryl Clearwater as treasurer and secretary, Heidi DeBra, Alexis Baxley, Vicki Diloia, Raymond Castellino and Tara Blasco.

Fundraising & Financials

BEBA fundraised \$11,222 in 2015. This included \$5,000 in donations from BEBA's Board of Directors.

Revenue	Program Income	\$18,100.09	Assets	Cash & Receivables	\$7,073.57
	Class Income	\$1,567.43		Renovations & Furnishings	\$4,610.89
	Rental Income	\$9,818.49		Other Assets	\$1,452.50
	Workshop Income	\$11,640.00		Total Assets	\$13,136.96
	Donations	\$11,222.00	Liabilities	Payroll Liabilities	\$421.92
	Sales	\$15.00		Security Deposit	\$1,300.00
	Total Revenue	\$52,363.01		Total Liabilities	\$1,721.92
Expense	Payroll	\$14,934.42		Net Equity	\$11,415.04
	Rent	\$22,065.40		Total Liabilities + Equity	\$13,136.96
	Other Operating Costs	\$20,039.58			
	Total Expense	\$57,039.40			
	Net Loss	(\$4,676.39)			