



## Annual Report for 2016

BEBA's major project over the past year, as in years past, has been the BEBA Family Clinic, where facilitators see families about once a week in sessions lasting approximately one hour. Families come for as long as it takes to resolve issues and traumatic imprinting and until they have effective parenting skills so they can continue on their own with occasional support. Several families who brought their children in as babies have returned as the need arose for anywhere from one to ongoing regular sessions. In 2016, BEBA also held its quarterly parenting workshops

### Family Sessions at the BEBA Clinics

BEBA Facilitators provided a total of 124 sessions in 2016 (244 sessions in 2015) averaging 72 minutes.

- The Ojai BEBA Clinic provided 71 family sessions and 9 phone sessions.
- The Santa Barbara BEBA Clinic provided 38 family sessions and 8 phone sessions.

The family clinic operated on a sliding scale based on income with a per hour charge varying from \$30/hour to \$140/hour. Clients were charged an average of \$66/ hour.

24 families came to BEBA in 2016 (27 in 2015): 66 individuals including 23 children, their parents and one grandparent. 8 of these families started in 2016; 16 started before 2016. Between January 1993, when BEBA started, and Dec 31, 2015, BEBA has served a total of 222 families.

### Demographics of Families in the Family Clinic

The following is a breakdown of families seen in 2016 by annual income:

- 22% of the sessions were with families with annual incomes up to \$30,000.
- 57% of the sessions were with families with annual incomes over \$30,000 to \$60,000.
- 6% of the sessions were with families with annual incomes over \$60,000 to \$90,000.
- 15% of the sessions were with families with annual incomes over \$100,000.

Annual Income	No. of Families	Sessions for Families in this income bracket
Up to \$30,000	6	27 (30 hrs total)
Over 30,000-60,000	14	71 (88 hrs total)
Over 60,000-90,000	2	7 (8 hrs total)
Over 100,000	2	19 (26 hrs total)
<b>Total</b>	<b>24</b>	<b>124 (152 hrs total)</b>

## **Community Outreach**

BEBA began offering a 4 part class series in the fall of 2012 at the Santa Barbara Clinic. In 2016, BEBA offered our classes quarterly at the Ojai BEBA Clinic on a range of topics. In 2016 the Spring class series had subjects related to supporting children when confronted with fears and finding our rhythms in parenting. The Fall class series was a special 4 part series on parent to parent communication. The classes were taught by Ray Castellino, Tara Blasco, Mary Jackson and Keri Starbuck. Classes had between 5 and 20 participants that paid \$5-\$20 per class.

One of BEBA's major projects this year was to increase community outreach by promoting the content of these classes through recordings and transcripts created by BEBA volunteers. Future plans are to turn transcribed recordings into topical booklets.

## **Santa Barbara Clinic**

This was BEBA's fourth year at the new facility located at 226 E. Canon Perdido, Ste K in the heart of downtown Santa Barbara. Tara Blasco offered sessions at this clinic, sometimes with Frank Carbone assisting or co-facilitating. The BEBA room is filled with gym mats, comfortable seating for up to 20 people, toys, balls, tunnels, pillows, etc. The suite includes a second room that is rented per day on a month to month basis to other professionals. The BEBA session room is also available to rent during BEBA's off hours.

## **Ojai Clinic**

Since September 2004, BEBA has operated a second clinic in Ojai at the home of BEBA Facilitator, Co-Director and Board Member, Tara Blasco. Tara and Frank offered sessions there and staff meetings were held there. The rent for this branch of BEBA is provided free of charge. It consists of a playroom complete with gym mats, tunnels, toys, pillows etc.

## **Clinical Staff**

The experience and training of all staff is extensive. All assistants have completed Raymond Castellino's 2+ year Foundation Training (see [www.castellinotraining.com/foundation/](http://www.castellinotraining.com/foundation/)) and are certified craniosacral therapists in training or fully trained (see [www.craniosacraltherapy.org/](http://www.craniosacraltherapy.org/)). All co-facilitators and facilitators have either assisted or are assisting another 2+ year Foundation Training. In addition, those who have become assistant facilitators have videotaped prior to that 100-300 family sessions.

The clinical staff included 7 people: 2 Clinic Co-Directors, 1 Facilitator, 1 Assistant/Co-Facilitator, 1 Bookkeeper & Administrative Assistant and 2 Volunteer Videographers.

Raymond Castellino, D.C., RCST®, and Tara Blasco, Ph.D., RCST® served as the volunteer Co-Directors who provided supervision on behalf of the Board of Directors. After many years donating her time as a facilitator, Tara Blasco began being a paid facilitator this year but continue donating her time for low income family sessions. Frank Carbone also began assisting and co-facilitating sessions as a paid co-facilitator with plans to be one of BEBA's paid facilitators for new families in 2017.

Tara Blasco, Ph.D., RCST® offered sessions on Tuesdays in Santa Barbara and Wednesdays, Thursdays and Fridays in Ojai. Frank Carbone assisted or Co-Facilitated with Tara Blasco at both BEBA clinics throughout the year.

Amy Joy Bakken, who holds two AA degrees in Accounting and Business Administration, continues to be BEBA's Bookkeeper and Administrator. She took on a full time position outside of BEBA this year but continues to contribute part time to BEBA in charge of bookkeeping, payroll, billing, marketing, record keeping and initial family intake.

Frank Carbone volunteered as assistant and Mimi Oliver as videographers during the year.

The board of directors in 2016 included Mary Jackson as President, Cheryl Clearwater as treasurer and secretary, Heidi DeBra, Alexis Baxley, Vicki Diloia, Raymond Castellino and Tara Blasco. At the end of the year, Cheryl Clearwater stepped down from the BEBA board. BEBA is excited to welcome Moriah Whoolilurie as a new member to the Board.

### Fundraising & Financials

BEBA fundraised \$70,200 in 2016. This included \$8,000 in donations from BEBA's Board of Directors.

<b>Revenue</b>	Program Income	\$10,206.91	<b>Assets</b>	Cash & Receivables	\$63,418.18
	Class Income	\$831.80		Renovations & Furnishings	\$3,308.13
	Rental Income	\$19,272		Other Assets	\$1,452.50
	Workshop Income	\$0.00		<b>Total Assets</b>	<b>\$68,178.81</b>
	Donations	\$70,270.00			
	Sales	\$0.00			
	<b>Total Revenue</b>	<b>\$100,580.71</b>			
<b>Expense</b>	Payroll	\$17,300.57	<b>Liabilities</b>	Payroll Liabilities	\$1,000.00
	Rent	\$19,210.50		Security Deposit	\$607.21
	Other Operating Costs	\$8,612.26		<b>Total Liabilities</b>	<b>\$1,607.21</b>
	<b>Total Expense</b>	<b>\$45,123.33</b>		<b>Net Equity</b>	<b>\$66,571.60</b>
	<b>Net Profit</b>	<b>\$55,457.67</b>		<b>Total Liabilities + Equity</b>	<b>\$68,178.81</b>