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## 2020 Annual Report

In the beginning of 2020, BEBA continued supporting families in the Ojai family clinic, where a facilitator saw families about once a week in sessions lasting approximately one hour. Families come for as long as they want to resolve issues and traumatic imprinting and to explore effective parenting skills so they can continue on their own with occasional support. As COVID hit in March Beba transitioned over to Zoom sessions with families. This proved surprisingly effective in providing support to families, especially the parents. In general families prefer to come in person and the number of visits decreased this year significantly since March.

### Family Sessions at the BEBA Clinics

BEBA Facilitators provided a total of 41 sessions in 2020 (93 sessions in 2019) averaging 57 minutes.

- The Ojai BEBA Clinic provided 40 family sessions. 25 of which were phone or Zoom sessions.
- The Santa Barbara BEBA Clinic provided 1 family sessions (before it closed in March)

The family clinic operated on a sliding scale based on income with a per hour charge varying from \$30/hour to \$140/hour. Clients were charged an average of \$61.19/ hour.

13 families came to BEBA in 2020 (25 in 2019): 22 children and their parents. 4 of these families started in 2020; 9 started before 2019. Between January 1993, when BEBA started, and Dec 31, 2020, BEBA has served a total of 260 families.

### Demographics of Families in the Family Clinic

The following is a breakdown of families seen in 2020 by annual income:

- 69% of the sessions were with families with annual incomes between \$30,000 to \$60,000.
- 31% of the sessions were with families with annual incomes between \$60,000 to \$90,000.

Annual Income	No. of Families	Sessions for Families in this
		income bracket
Up to \$30,000	0	0
Over 30,000-60,000	9	28 (29 hrs total)
Over 60,000-90,000	4	11 (11 hrs total)
Over 100,000	0	0
<i>Total</i>	13	<i>39 (39 hrs total)</i>

**Community Outreach**

BEBA began offering a 4 part class series in the fall of 2012 at the Santa Barbara Clinic. In 2020, BEBA took a break from offering our quarterly parenting class series. We still offer video downloads of our previous classes on our website.

**Santa Barbara Clinic**

This was BEBA’s third and last year holding sessions at our Santa Barbara BEBA clinic, housed in the home of longtime BEBA family and supporters, The Prudden's. This clinic was offered to BEBA rent free. Tara Blasco offered sessions at this clinic until the end of February when the clinic was closed. We are very grateful to the Prudden family for their generosity over the years.

**Ojai Clinic**

Since September 2004, BEBA has operated a clinic in Ojai at the home of BEBA Facilitator, Co-Director and Board Member, Tara Blasco. Tara offered sessions there and staff meetings were held there also. The rent for this branch of BEBA is provided free of charge. It consists of a playroom complete with gym mats, tunnels, toys, pillows etc.

**Clinical Staff**

The clinical staff included 5 people: 2 Clinic Co-Directors, 1 Facilitators, 1 Bookkeeper & Administrative Assistant and 1 Volunteer Videographers.

Raymond Castellino, D.C., RCST®, and Tara Blasco, Ph.D., RCST® served as the volunteer Co-Directors who provided supervision on behalf of the Board of Directors. Tara Blasco continued being a paid facilitator.

Tara Blasco, Ph.D., RCST® offered sessions on Tuesdays in Santa Barbara (until the end of February) and the rest of the week in Ojai.

India Leigh, continued to be BEBA’s Bookkeeper and Administrator. She continued to contribute part time to BEBA in charge of bookkeeping, payroll, billing, marketing, record keeping and initial family intake. India was very involved during the year in facilitating the administrative aspects of the research project as well as contacting families for the research survey.

Cindy Barnum was the videographer during the year.

The board of directors in 2020 included Mary Jackson as President, Vicki Diloia as secretary, Alexis Baxley as treasurer, Heidi DeBra , Moriah Whoolilurie, Raymond Castellino and Tara Blasco.

On December 13th our beloved co-director and founder of the BEBA clinic, Ray Castellino, passed. He is greatly missed. At the same time we will be honoring him as we continue doing the work he has so beautifully inspired us to do over the years in support of families.

**Beba Research Project**

During this year the focus of our work has been the research project. As we announced last year, we have been involved in a retrospective study on how coming to BEBA has affected the 254 families involved in the program over the years. The study included an online questionnaire and personal interviews that have provided a wealth of data to research these issues and educate the professional and public sectors about our findings. At the end of October, we completed the data collection phase with 55 survey replies and 12 personal interviews. Since then the research team is involved in data analysis.

**Fundraising & Financials**

BEBA fundraised \$15,392.92 in 2020.

<b>Revenue</b>	Program Income	\$2771.98	<b>Assets</b>	Cash & Receivables	\$36,827
	Class Income	\$35.91		Renovations & Furnishings	\$0.00
	Rental Income	\$0.00		Other Assets	\$0.00
	Workshop Income	\$0.00		<b>Total Assets</b>	<b>\$36,827</b>
	Donations	\$15,392.92			
	Other income	\$102.75			
	<b>Total Revenue</b>	<b>\$18,303.56</b>			
<b>Expense</b>			<b>Liabilities</b>	Payroll Liabilities	\$0.00
	Payroll Facilitator	\$2218.87			
	Payroll Administrator	\$9835.50		Security Deposit	\$0.00
	Tax Expense	\$373.86			
	Dec 2019 payroll adjustment	(\$1161.81)			
	Research	\$2630.42		<b>Total Liabilities</b>	<b>\$0.00</b>
	Other Operating Costs	\$3541.20			
	<b>Total Expense</b>	<b>\$17,438.04</b>		<b>Net Equity</b>	<b>\$36,827</b>

Net Income

\$865.52

Total Liabilities + Equity \$36,827

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