



2021 BEBA Annual Report

In the first part of the year, BEBA continued supporting families with Zoom or phone sessions. These sessions are effective in providing support to families, especially the parents. In general most families prefer to come in person and the number of sessions were less compared to the time before COVID restrictions. During the late Spring some families started coming for sessions outdoors and from the Summer onwards the Ojai family clinic reopened for in-person sessions, (this allowed us to double the number of sessions during 2021 compared to sessions offered in 2020) where a facilitator saw families on different days of the week in sessions lasting approximately one hour. Families attend sessions for as long as they want/need to resolve issues and traumatic imprinting and to explore effective parenting skills so they can continue on their own.

Family Sessions at the BEBA Clinics

BEBA Facilitators provided a total of 82 sessions in 2021 (41 sessions in 2020) averaging 62 minutes.

- The Ojai BEBA Clinic provided 73 family sessions. 54 of which were phone or Zoom sessions.

- The Massachusetts online BEBA Clinic provided 9 family sessions which were Zoom sessions.

The family clinic has operated over the last years on a sliding scale based on income with a per hour charge varying from \$60/hour to \$140/hour. In May of 2021 the sliding scale increased to between \$75/hour and \$140/hour. Clients were charged an average of \$94/ hour.

21 families came to BEBA in 2021 (13 in 2020): 29 children and their parents. 8 of these families started in 2021. Between January 1993, when BEBA started, and Dec 31, 2021, BEBA has served a total of 268 families.

Demographics of Families in the Family Clinic

The following is a breakdown of families seen in 2021 by annual income:

- 7.4% of the sessions were with families with annual incomes between \$60,000 to \$75,000.
- 26.8.6% of the sessions were with families with annual incomes between \$75,000 to \$100,000.
- 65.8% of the sessions were with families with annual incomes between \$100,000 to \$140,000.

Annual Income	No. of Families	Sessions for Families in this income bracket
Over 60,000-75,000	4	6 hrs total
Over 75,000-100,000	4	22 hrs total
Over 100,000	13	54 hrs total
<i>Total</i>	21	<i>82 hrs total</i>

Community Outreach

In 2021, BEBA continued to take a break from offering our quarterly parenting class series. We still offer video downloads of our previous classes on our website.

Ojai Clinic

Since September 2004, BEBA has operated a clinic in Ojai at the home of BEBA Facilitator, Director and Board Member, Tara Blasco. Tara offered sessions there when possible during the year. The rent for this branch of BEBA is provided free of charge. It consists of a playroom complete with gym mats, tunnels, toys, pillows etc.

Clinical Staff

The clinical staff included 9 people: 1 Clinic Director, 2 Facilitators, 1 Bookkeeper & Administrator, 1 Assistant and 4 Volunteer Videographers/Layer of support facilitators.

Our beloved Raymond Castellino, D.C., RCST® co-founder and co-director of the BEBA clinic passed away on December 13, 2020. We miss him immensely and have continued doing the work to support families that he so beautifully developed over the years.

Tara Blasco, Ph.D., RCST® became the solo Director offering her services in this capacity on a volunteer basis. Tara Blasco continued being a paid facilitator offering sessions at the Ojai clinic and online.

Alison Greene-Barton RCST®, SEP, PPN and Beba facilitator offered sessions remotely via Zoom.

India Leigh, continued to be BEBA's Bookkeeper and Administrator. She continued to contribute part time to BEBA in charge of bookkeeping, payroll, billing, marketing, record keeping and initial family intake. India was very involved during the year in facilitating the administrative aspects of the research project as well as contacting families for the research survey.

Cindy Barnum was an assistant for sessions online and in person during the year.

Moriah Melin, Jessica Shride, Natalie Garvey and Lynn Korst participated in some of the sessions with families online as a layer of support and as part of

their training to become BEBA facilitators.

The board of directors in 2021 included Mary Jackson as President, Vicki Diloia as treasurer, Alexis Baxley as secretary, Heida DeBra, Moriah Melin and Tara Blasco.

Beba Research Project

During this year the focus of our work has been to complete the research project. As we announced in 2019, we have been involved in a retrospective study to determine how coming to BEBA has affected the 254 families involved in the program up until the beginning of the study in 2020. The study included an online questionnaire and personal interviews that have provided a wealth of data to research these issues and educate the professional and public sectors about our findings. The study was completed in the Fall 2021. We published an article with the summary of the study in the Winter issue of the Apppah Journal (Association for Prenatal and Perinatal Psychology and Health in America). The research has become a 222 page document that is now available to distribute to BEBA families, graduates of the Castellino training and supporters as a PDF for free (If you are interested please contact us for your free download). It will also, be published in 2022 as a paperback book that will be on sale.

Fundraising & Financials

BEBA fundraised \$9,425.63 in 2021.

Revenue	Program Income	\$7308.98	Assets	Cash & Receivables	\$19,605.67
	Class Income	\$87.78		Renovations & Furnishings	\$0.00
	Rental Income	\$0.00		Other Assets	\$0.00
	Workshop Income	\$0.00		Total Assets	\$19,605.67
	Donations	\$9325.63	Liabilities		
	Other income	\$0.00		Payroll Liabilities	\$22.74
	Total Revenue	\$16,722.59			
Expense	Payroll Facilitator	\$7,364.00			
	Payroll Administrator	\$9,750.00		Security Deposit	\$0.00
	Tax Expense	\$1,519.22			
	Research	\$9,149.00		Total Liabilities	\$22.74
	Other Operating Costs	\$3,414.38			
	Total Expense	\$31,196.60		Net Equity	
	Net Income	(\$14,474.01)		Total Liabilities + Equity	\$19,628.41

